

Wednesday Night Live!

Make sure you are saving your Wednesday Nights in the Fall! We've got a great line-up in store for you and every member of your family... We will begin on the last Wednesday of September – the 28th – and go for 8 sessions through November 16.

Dinner: 6 - 6:30 p.m.
Programs: 6:30 - 7:30 p.m.

Adults

■ **Radical Hospitality** – How can we make St. Martin's reach its potential as a place where every person feels welcome and like they belong? Join us for camaraderie and lively discussion as we brainstorm and re-invent our church for the 21st century.

■ **Pilates & Prayer** – Strengthen your core through exercise while strengthening your faith through prayer! This is a multi-level Pilates class perfect for beginners and intermediates alike. Bring a mat and a bottle of water and start working on that body/spirit connection. There is a slight charge for participation: \$20 for 8 weeks payable to St. Martin's (memo: WNL).

Adults & Mature Teens

■ **Confirmation Class** – Prepare for the sacramental rite of Confirmation and learn more about what it means to be Episcopalian. The casual format will allow you to ask questions and to clarify your beliefs. All baptized persons are welcome!

Youth

■ **Homework 'n' Hangout** – Teens need time to talk... Teens need time to do homework... Fortunately, teens are great multi-taskers! We provide the space, the food and the supervision for quality hang-out time. CU@WNL!

Children

■ **Gymnastics** – Through a collaboration with Crusader's Gymnastics, next door to the church, we are able to offer a quality gymnastics class for children 4 years - 6th grade. Whether tumbling on the mats or bouncing in the foam pits, they will build coordination, strength and agility. They also sleep well after class ;-D. (Offered on alternating Wednesdays.) Charge for participation: \$5/class/child payable to St. Martin's (memo: WNL).

■ **Art** – Bring out your child's creative side... On alternating Wednesdays we will offer art classes from a certified art instructor for children 4 years - 6th grade. The children will be introduced to a variety of media including acrylics, watercolors and collage and will complete a project each session suitable for framing!

Toddlers & Babies

■ **Nursery** – The nursery is always open for our youngest participants!

HELP! We need your help on our cooking team! Join a creative, fun-loving group of folks who love to cook in order to create menus for Wednesday Night Live. Contact Valerie at christianed@stmartininthefields.org for more information.